



THE LIGHTHOUSE

A PROGRAM FOR SURVIVORS OF SEX TRAFFICKING

The mission of The Lighthouse is to assist young women who are survivors of sex trafficking to feel safe, valued, and loved while supporting their individual journeys of healing and independence.

DETAILS

- Residential program for U.S. born young women age 18-22 who have been sexually trafficked
- Five bedroom, three bath house located in Orange County
- Staffed 24/7 by Orangewood Foundation employees who have the experience and training to understand this unique population and provide specialized, individualized support
- Graduates of the 18-24 month program have opportunity to move into an Orangewood Foundation transitional housing apartment for continued support

PROGRAM COMPONENTS

- Psycho-educational groups
- Mindfulness practices like meditation and yoga
- Individual life plans with staff support to work towards goals
- Independent living skills education
- Relapse prevention support
- Preventive health care and health education
- Mental health support and trauma-informed therapy
- Education exploration
- Recreational experiences such as movies and trips to the beach
- Community participation/volunteer work



SIX PARTS OF THE JOURNEY

1. Health and well-being
2. Life skills and personal development
3. Education
4. Employment
5. Recreation
6. Permanent connections (family and community)